

**Location**

880 75th St.  
Willowbrook, IL 60527

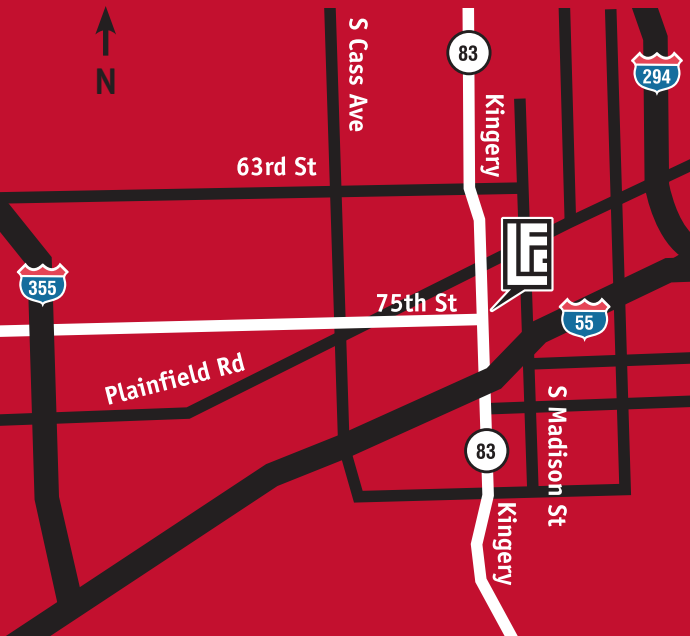
630.325.5522 OFFICE  
630.325.5535 FAX

info@chicagolandnucca.com

**Office Hours**

Monday: 8:30am-12pm & 2pm-6pm  
Tuesday: 8:30am-12pm & 2pm-6pm  
Wednesday: Closed  
Thursday: 8:30am-12pm & 2pm-6pm  
Friday: 9am-12pm & 2pm-5pm  
Saturday: 9am-12pm  
*(two times per month)*

**Map To Laneville Family Chiropractic**



LANEVILLE FAMILY  
**CHIROPRACTIC**



880 75th St.  
Willowbrook, IL 60527



LANEVILLE FAMILY  
**CHIROPRACTIC**



**FIND OUT HOW THE  
NUCCA TECHNIQUE CAN HELP YOU!**

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**630.325.5522**

## Who Is A Good Candidate For Chiropractic Care?

Many people have had some kind of bump to their head or neck in life that causes their entire spine to go out of balance. The trauma could occur at birth or later in life because of falls, sports injuries, car accidents, etc. When the top neck bone, the atlas, is misaligned due to trauma, the whole spine shifts out of place like a stack of dominoes. A person may not feel this slight misalignment of the atlas, just like they may not feel cancer starting to develop or plaque building up in arteries. This is why it is important to have a chiropractor check you for this misalignment using computer and postural tests. A misaligned spine is a problem because it can cause pain, tissue damage, and nerve interference.

## How Is Balance Restored To The Spine?

Dr. Bryan and Dr. Ellie use a gentle chiropractic technique called N.U.C.C.A. (*National Upper Cervical Chiropractic Association*) to restore balance to the spine. A precise adjustment is made to the atlas without any twisting, popping or cracking of the spine. The atlas needs to be corrected because it relieves pressure on the nervous system. This area of the nervous system controls the tone and balance of the muscles of the spine. When the pressure is relieved, improved nerve signals better control the muscles which balance out the spine. Restoring balance to the spine allows the body to dedicate more energy to healing, thinking, metabolism, etc.

## What To Expect

During the first visit you will fill out history forms and watch a short video showing how NUCCA works. The doctor will then discuss your history and condition. An examination will be performed using some of the latest technology. No disrobing is necessary. You will then be informed if you can benefit from NUCCA care, and x-rays will be taken.

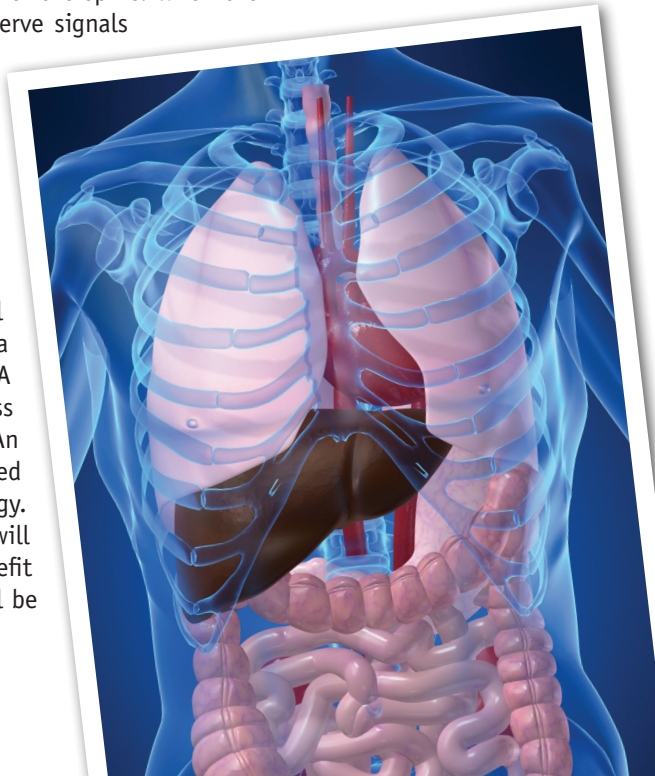
The second visit is exciting because patients get to see their x-rays and learn about the condition of their spine. The gentle adjustment is then given without any twisting, popping or cracking of the spine. The patient then rests in a relaxation room. Finally, post x-rays are taken to see the changes made, and instructions are given on how to protect the adjustment.

The follow-up visits are quick and educational. The doctors team up with all the patients and have dialogue on how to protect the adjustments and get the most benefit from the care!

## Symptoms & Conditions That NUCCA Has Helped

Dr. Bryan and Dr. Ellie Laneville do not treat any symptom or disease. They reduce the pressure on the nervous system allowing the doctor within to heal itself to the best of its ability. Patients under NUCCA care have had great results with the following and many more conditions:

<i>Allergies</i>	<i>Asthma</i>	<i>Carpal Tunnel Syndrome</i>
<i>Acid reflux</i>	<i>Athletic injuries</i>	<i>Chronic Fatigue Syndrome</i>
<i>ADD/HD</i>	<i>Back pain</i>	<i>Constipation/diarrhea</i>
<i>Arthritis</i>	<i>Bed wetting</i>	<i>Depression</i>
		<i>Digestive problems</i>
		<i>Dizziness/vertigo</i>
		<i>Ear or Eye infection</i>
		<i>Female disorders</i>
		<i>Fibromyalgia Syndrome</i>
		<i>Frequent colds</i>
		<i>Headaches/Migraines</i>
		<i>Heart palpitations</i>
		<i>Herniated discs</i>
		<i>Hip or leg pain</i>
		<i>Knee pain</i>
		<i>Lack of energy</i>
		<i>Loss of sleep/fatigue</i>
		<i>Low back pain</i>
		<i>Multiple Sclerosis</i>
		<i>Muscle aches/spasm</i>
		<i>Neck pain</i>
		<i>Nervousness</i>
		<i>Numbness</i>
		<i>Scoliosis</i>
		<i>Shoulder pain</i>
		<i>Sinus problems</i>
		<i>Skin conditions</i>
		<i>Tingling sensations</i>
		<i>T.M.J. disorder</i>
		<i>Whiplash</i>



## Dr. Bryan and Dr. Ellie Laneville

The chiropractic profession has called Dr. Bryan and Dr. Ellie to a life of service in their community. They have each benefited from the profession in their own unique ways, and they consider it a privilege to now give back.



Dr. Ellie has suffered from migraines most of her life. She would miss school and wasn't able to socialize with her friends. This was a very devastating time in her life, and she felt like this would be a lifelong sentence since all the doctors that she went to couldn't provide her with an effective treatment. One day, chiropractic became the answer to her prayers. Once she got under care, she noticed that her migraines were less frequent and less intense. She had heard that chiropractors were only good for neck and backaches, so she was happily surprised when her monthly cycles were also more regular and less painful. This experience has driven her to become a chiropractor and help give others hope in a higher quality of life without the use of drugs and surgery.

Dr. Bryan, on the other hand, grew up benefiting from chiropractic care his entire life. Dr. Bryan's grandfather was a chiropractor back in Waterloo, IA, where Dr. Bryan grew up. Dr. Bryan's family would routinely take him and his two younger brothers for checkups, even if they were feeling good. They knew that symptoms are usually the last thing to show up if there is a problem, and it is important to be proactive with your health. Dr. Bryan is passionate about NUCCA, because it has been the most effective way to keep his headaches, mid-back pain and low-back pain in check.

Call 630.325.5522 to schedule a free consultation to see if NUCCA chiropractic can help you. If needed Dr. Ellie can even speak Farsi, French, and Urdu.